

## **Channelled in December 2006 from the source sometimes known as Abraham.**

### **Greetings.**

The times from early 2007 will be important to many of you because you will FEEL different. You will feel lighter, sometimes feeling your emotions more intensely. Allow these feelings to surface, as they are better out and released! Stay intending to stay grounded... fully connected to the Earth, as the higher the energies the more important it is to be fully physically present.

There will be many energy changes this year. Some of you will feel them all and others will not have that awareness. It matters not. The reason for these energy shifts is to create alignment to the higher finer energies that this planet is now changing and evolving to.

We mean by this that there will be many changes on earth in the next 2 decades, but particularly from now until 2012. There will be alterations in frequencies and vibrations that if you are aware and connected to, will allow your transition to be easy, gentle and joyous. The transition should be, for those of you who are WANTING this, comfortable, and by you allowing yourself to expand and move forward in the spiritual realms you will accomplish everything that you came here to do, and more, and move forward in that knowing and understanding quite easily. Your intention is important. Keep asking for the help and guidance that you need, and as you ask, it will indeed come to you, in the most perfect of ways.

We want you to know THAT THERE IS ONLY ONE EFFECTIVE WAY TO MAKE THE ENERGY TRANSITIONS REQUIRED, AND THAT IS IN JOY. By focusing on what you want, by knowing that all will unfold in the most magnificent way, you will succeed and be amazed, joyous, and even ecstatic in your delight at where and how you will be, in the fullness of time. There is no need of fear or negativity or doubt. Know that because you are reading these words now, you have everything within you to adjust and make the transition easily. We have an awareness that many of you are anxious about all you have heard about 2012 and beyond. Please trust your path. Because you are open and receptive enough to be reading these channelled words you will achieve everything your heart and soul desires, here in this life time.

One of the ways for you to do this is to be in the presence of others who have, radiating from their physical bodies, those higher vibrations that are required, so we say that the channeller of these words for instance, will help you to adjust your energies, simply by you being present. We also say that from the reading of these words you are indeed connecting in the same way, so it is the words and the vibration behind the words too.

You will feel the difference. Pay attention to those feelings. Know that you are on your way; you will soon be where you want to. We are with you, supporting you in many ways. We want each and every one of you reading this to know that there is endless divine love for you all, each and every one of you, from this Source of wisdom.

Whenever you ask for help this asking is heard. Be assured we are with you every step of the way on this magnificent journey that you are choosing.

The year 2007 will bring many changes. We are interested in all things vibrational, and there is a knowing that many of you will go through extremes of contrast and have a roller coaster ride. Hang on! And know that you are on course. Keep Going!

Know that the more that happens, the faster you will get wherever it is that you want to be. Know that you are choosing so much, in so many ways, that you are controlling your desires more and more. By having all the ups and downs you are sorting, clearing, working through much, so that by the end of the year you will be in a very different place.

This year for many of you will bring abundance and the type of abundance that comes will depend entirely on you and your reality that you are creating. From this perspective, it is understood that the main expansion from your physical perspective will be that of abundance and love. Expansion of all good and pure...and we say, please hold your focus on the positive and have no discussion about anything else that may be deemed to be negative. It is so important for you all to know that your thoughts and feelings will, are, becoming more and more important for the outcome that you desire. By only thinking and feeling, love, abundance, wellbeing you will only have these things in your life. If you hold onto the old ways of thinking, behaving and feeling, you will make your journey more challenging. The easiest way is to be sure you can and will be positive, loving, giving, that with every loving thought or action you are recreating your world and you are on course! With this understanding go and radiate this knowing outward and be happy. It is contagious! Others will want to know your secret.

Be assured that the more you understand and trust your path forward, the more you look ahead in joy, and be in joy, in this now, the better everything will be for you.

Even if your life is not yet as you would desire it to be, give thanks for wherever you are...know that it is all good, you have a choice, you can begin to change right now, this minute, and begin to appreciate everything that you have, even if it is that you are simply HERE, in this NOW, at this time. There is so much joy in this experience, just for you to be HERE. Know that you are blessed to be having this unique experience and that only you can recreate into something else. Something so much better!

We understand some of you will say at this point, "but I am ill", "I have no money", or some other such statement and we wish to state that wherever you are, whatever you have, or do not have, it is still perfect and joyous. By being appreciative of the smallest things, the sky, the stars, the air, the dawn, you will begin to change the energy within your systems.

2007 will truly be for many of you, the light at the end of the tunnel, and by trusting and having faith and knowing that the outcome is to live here in joy; you will begin to know that you are indeed on your way to that joy. Keep going and find those ways that resonate within you that will inspire you on your path, and find the next level of understanding that you need.

It is no accident that there has been an explosion of new age information, healers, speakers, messengers and therapists. It is all for this expansion, this growth, this transition. All is perfect. Trust the law of attraction to bring you the perfect message at the perfect time. You have the resources within and without, to find the next step and the next, in quicker and quicker succession.

We will be with you every step of the way.

Move forward with the help of the right teacher at the right time.

Know this. There is no wrong way...all is the right way. Simply choose that which resonates within your heart and you will soar to new heights.

We wish you joy, and bid you peace.