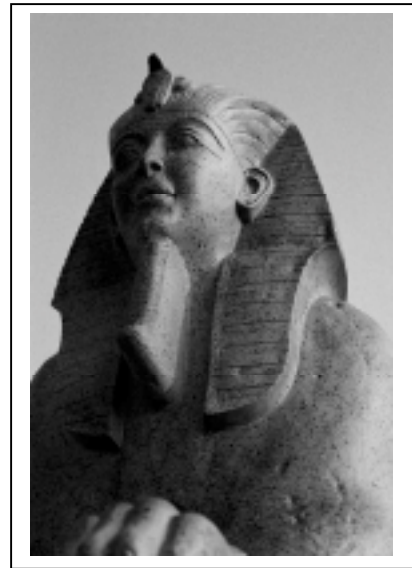


WHY ARE SACRED SITES *SACRED*

Pilgrimages are as old as religion itself. The crusades, the annual trip to Mecca, aboriginal walkabouts and even the sacred path to Santiago de Compostela popularised by Shirley Maclaine's *Camino* all fit into this category.

As the operator of Harmony Journeys – personally escorted sacred site tours – I'm often asked why people are attracted to sacred sites.

Essentially, sacred sites are locations, identified in ancient times, where the veil between this and other higher vibrational worlds and dimensions is thin. Often they are energy 'hotspots' positioned on ley-lines or electro-magnetic crossroads; which I believe our forefathers were more capable of detecting. Much spiritual clarity and psychic growth comes from visiting sites which have inspired generations. We all carry personal keys and codes; as we walk into these areas bringing love and compassion, we absorb new data and activate latent programmes which have awaited our arrival.



Egypt, for example, simply oozes with powerful and sacred energy hotspots. As your soles touch the Egyptian soil, so the depth of your soul is also touched and a personal journey of awakening commences. Typically, we meditate between the paws of the Sphinx and spend two hours inside the Great Pyramid, invoking global healing incantations and creating a vibrational vortex for each person in turn, which is wonderfully nurturing.

Tel El Amarna is a like a parallel universe housed in this dimension, even as you approach across the Nile you feel yourself shifting into a dream reality. At the ruins themselves we have experienced parallel episodes concurrent with the Christ era!

Synchronicities are common; in Peru we found ourselves performing ceremonies with indigenous Shaman at Machu Picchu and participated in a full-moon ceremony in Bolivia for the handover of the sacred feminine (after 12,000 years) with Incan descendants who believed we were the pale people from afar who had been predicted long ago.

In August 2003, we walked the ancient processional route at Avebury, to energetically link with a 20 year bi-rhythmic peak to negate misuse by power-hungry governments as has happened before.

This Christmas, I took my family to Sri Lanka. Synchronicity placed us right by their revered *Sigiriya Rock* just as the Tsunami struck the coast. We were out of harms way, but was I placed there to magnify and re-direct the amazing volume of healing directed towards us?

You may think I am a deluded fool, I do wonder myself! However, I believe dedicated Lightworkers (healers or those interested in healing) are being called to action to spread their genuine concern for the planet and desire for global unity.

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